

EXPECTATIONS AT PRACTICE

- Typically golf course practice will begin 30 minutes after 7th period release bell and conclude based on light limitations and UIL regulations.
 - Players are responsible for their own transportation.
 - Players can leave bags in coach's classrooms during the day but are responsible for retrieval prior to coaches locking doors and departing for golf course.
 - Always eat a good lunch and have a snack before we start (fruit, granola bar, etc).
 - Always wear golf attire to practice. Collared shirt and golf shorts, pants or skirt; golf shoes; cap; black pony tails hair bands in bag.
 - Wind jacket/pants and ear protection in bag at all times.
 - Go to bathroom before we start.
 - Always bring water or sports drink with you.
 - No electronic devices during practice. Coaches will collect phones at start of practice.
 - Parents can contact coaches if necessary.
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- Leave your life in the parking lot. Golf can be your sanctuary if you allow it.
 - Start warming up or proceed to practice area based on schedule as soon as you get there.
 - Keep your clubs clean. Wet your towel thoroughly and lightly ring out at start of practice. As we move through shots and use different clubs, clean your club before it goes back in the bag.
 - Keep your practice area neat and organized. Put clubs back in your bag or lean them against your bag.

EXPECTATIONS AT SCHOOL

- Never ever be tardy for class, 1 tardy equals 1 lap. After 6 tardys, 1 tardy equals 4 laps. Laps are due at the end of 3 weeks in addition to regular workout.
- All assignments will be turned in complete and on time.
- Work missed due to planned absences must be secured, completed and turned in according to campus guidelines (1 excused absence allows for 1 day to turn in). Turn in directly to teacher and request they grade and record ASAP.
- Coaches reserve the right to keep player at school to complete work during 8th period. Missed practice time due to poor academic performance can impact tournament playing status.
- Respect teachers and administration at all times. No negative conversations about teachers or admin.
- Follow school dress code and school ID policy.
- Friday practice is usually at Eastwood. Report to Coach Stovall's classroom before the tardy bell, then use the nearest girl's bathroom to change into workout clothes and then back to the classroom.
 - School dress code must be followed, Tee-shirt, workout shorts, socks and running shoes. Hat optional but hair must be out of face. Bring water bottle.
- Friday release will typically be 5:00 PM.

EXPECTATIONS AT TOURNAMENTS

- Know what uniform we are wearing.
 - Camouflage Hat
 - Team issued uniform shirt
 - Player purchased golf skirt or shorts (Navy Blue pair and White pair)
 - Player purchased belt (White or Black)
 - Player purchased socks (Ankle height White or Black)
 - Golf Shoes
 - Team issued Wind/Rain suit (in golf bag)
 - Player purchased compression under garments (White or Navy Blue)
 - Ear Protection (Navy Blue or team issue)

- Players are responsible for their own transportation to and from tournaments.
- Some if not all tournaments will be 2 days (Friday & Saturday).
- Know where the golf courses and how to get there.
- Always be at tournament at least one hour prior to tee time unless coach tells you different. Adjust departure time for traffic.
- Eat breakfast and pack snacks and water bottle. Coaches will usually have snacks on the course but cannot guarantee they'll see players on the course.
- Check in with coaches and begin warming up.
- Represent Eastwood, your family and yourself at all times.
- Always be courteous to other players, coaches, officials and spectators.
- Plan to stay until all awards are passed out.